

**LIST OF PODCAST : ADVAYA CHITTAH ON SPOTIFY(2024-2025 upto December 31st)**

<b>TITLE</b>	<b>CONTENT DESCRIPTION</b>	<b>LINK ON SPOTIFY</b>
Celebrating the Joy of Christmas	<p>Title: Celebrating the Joy of Christmas</p> <p>Author: Mary Stella, 5th Pharm.D</p> <p>Content Description:</p> <p>In this heartfelt Christmas episode of Advaya Chittah, Mary Stella from 5th Pharm.D reflects on the true meaning of Christmas. Focusing on love, kindness, and the spirit of giving, she emphasizes how the birth of Christ is a reminder of peace, goodwill, and hope for the world. The podcast encourages listeners to celebrate Christmas not just with gifts, but with acts of love and compassion, spreading joy and warmth throughout the season.</p>	<p><a href="https://open.spotify.com/episode/5ti61b4ocvwkaAg4WAnkie?si=8Td2Fn56RX-1ZFa4kT5HkQ">https://open.spotify.com/episode/5ti61b4ocvwkaAg4WAnkie?si=8Td2Fn56RX-1ZFa4kT5HkQ</a></p>
The Light of Love: Reflections for the Fourth Week of Advent	<p>Title: The Light of Love: Reflections for the Fourth Week of Advent</p> <p>Author: Susan, 6th Pharm.D</p> <p>Content Description:</p> <p>In this episode of Advaya Chittah, Susan from 6th Pharm.D reflects on the theme of love during the fourth week of Advent. The</p>	<p><a href="https://open.spotify.com/episode/2njppqMTk6yewWvdQSjxGQI?si=gPt5Zu7tRkSoqLlvIHZF-g">https://open.spotify.com/episode/2njppqMTk6yewWvdQSjxGQI?si=gPt5Zu7tRkSoqLlvIHZF-g</a></p>

	<p>podcast highlights the importance of love as an action and a force that transforms lives. Susan invites listeners to reflect on how they can share love with others in practical ways and how the love of Christ inspires us to build meaningful connections. The episode reminds us that love is not just a feeling but an active force that can heal, inspire, and bring peace.</p>	
<p>Illuminating Joy: The Spirit of Gaudete Sunday</p>	<p>Title: Illuminating Joy: The Spirit of Gaudete Sunday  Author: Sam Reagen, 2nd Pharm.D, Narayana Pharmacy College  Content Description:  This episode of Advaya Chittah focuses on the transformative power of joy during the third week of Advent, known as Gaudete Sunday. Sam Reagen reflects on the pink candle's symbolism, representing hope and happiness amidst the anticipation of Christmas. The episode emphasizes the importance of gratitude, finding contentment in faith, and spreading positivity through small acts of kindness. Listeners are inspired to embrace the true essence of Advent by creating moments of joy in their lives and for others.</p>	<p><a href="https://open.spotify.com/episode/2rVp0BxB4ihQnTmvCI7ish?si=yVnyaJFaTxumXwXTV3twhA">https://open.spotify.com/episode/2rVp0BxB4ihQnTmvCI7ish?si=yVnyaJFaTxumXwXTV3twhA</a></p>
<p>Gaudete: Embracing the Joy of the</p>	<p>Title: Rejoice: The Joy of the Third</p>	<p><a href="https://open.spotify.com/e">https://open.spotify.com/e</a></p>

<p>Third Week of Advent</p>	<p>Week of Advent          Author: Neelima, 6th Pharm.D,          Narayana Pharmacy College          Content Description:          This podcast episode explores the significance of the third week of Advent, often referred to as “Gaudete Sunday,” which emphasizes joy and spiritual contentment in the lead-up to Christmas. Neelima reflects on the deeper meaning of joy beyond material pleasures, highlighting its connection to faith, love, and compassion. The episode encourages listeners to embrace and share joy through simple acts of kindness, fostering the true spirit of Advent.</p>	<p><a href="https://open.spotify.com/episode/6oV9BGh63otCqviDjYxCyX?si=H925ZU7pTMOGV_M04OszzQ">https://open.spotify.com/episode/6oV9BGh63otCqviDjYxCyX?si=H925ZU7pTMOGV_M04OszzQ</a></p>
<p>Journey of Faith: The Bethlehem Candle</p>	<p>Title: Journey of Faith: The Bethlehem Candle          Author: Mary Stella, 5th Pharm.D          Description: Reflecting on the second week of Advent, this piece explores the profound faith of Mary and Joseph during their journey to Bethlehem. It emphasizes the importance of trust, preparation, and hope in our lives, encouraging believers to embrace God's promises during this sacred season of anticipation.</p>	<p><a href="https://open.spotify.com/episode/5SL2IM2LtDuxtJNW7Xxli8?si=Miog78psSYyvr4PMOIIDKQ">https://open.spotify.com/episode/5SL2IM2LtDuxtJNW7Xxli8?si=Miog78psSYyvr4PMOIIDKQ</a></p>
<p>Breaking the Silence: Awareness and Prevention of AIDS</p>	<p>Title: Breaking the Silence: Awareness and Prevention of AIDS          Author: Manogna, 5th Pharm.D          Description: This podcast delves</p>	<p><a href="https://open.spotify.com/episode/5fvqs0mcIQ7gcjmWTZAIJx?si=BZIZV2hPR7eHEdZb3JCurA">https://open.spotify.com/episode/5fvqs0mcIQ7gcjmWTZAIJx?si=BZIZV2hPR7eHEdZb3JCurA</a></p>

	<p>into the global fight against AIDS, emphasizing the importance of awareness, prevention, and compassion. Manogna highlights the science behind HIV, the progress in treatment, and the need to combat stigma, inspiring listeners to contribute toward an AIDS-free world through education and support.</p>	
<p>The Art and Science of Pills: Beyond Health</p>	<p>Title: Art and Science of Pills: Beyond Health  Author: Bhavya, 6th Pharm.D  Description:  In this podcast, Bhavya delves into the intricate art and science of pill formulation, exploring how modern medicine goes beyond just healing. She discusses the science behind drug design, the importance of accessibility, and the broader impact of pharmaceutical advancements on overall well-being. Featured on the Advaya Chittah podcast channel.</p>	<p><a href="https://open.spotify.com/episode/5PHfWium7D8NS0rlgFcyOK?si=QSzr1Si_SjWMWV75MCbirw">https://open.spotify.com/episode/5PHfWium7D8NS0rlgFcyOK?si=QSzr1Si_SjWMWV75MCbirw</a></p>
<p>Cultural inclusivity, constitutional obligations and a call against violence</p>	<p>Topic: "Cultural Inclusivity, Constitutional Obligations, and the Call Against Violence"  Description: In this enlightening episode of Advaya Chittah, Daaniya from 2nd Pharm.D leads a thoughtful discussion on three vital pillars of a progressive society: Cultural Inclusivity, Constitutional Obligations, and Sensitization Against Violence. Through a reflective narrative, the episode explores the beauty of diversity, the guiding principles of</p>	<p><a href="https://open.spotify.com/episode/2RWdFbXBKuE4nmE4pbMUa6?si=mW1V4wEZT0qesds1Oh-Uyg">https://open.spotify.com/episode/2RWdFbXBKuE4nmE4pbMUa6?si=mW1V4wEZT0qesds1Oh-Uyg</a></p>

	<p>the Indian Constitution, and the urgent need to combat violence in all forms. Drawing on real-world insights and campus initiatives, this episode encourages listeners to become active participants in building an equitable, inclusive, and harmonious community. Tune in and join the movement toward unity and progress!</p>	
<p>NPW 2024: Where Pharmacists make a difference?</p>	<p>Title: Where pharmacists make a difference?  Author: Mary Stella of 5th Pharmd  Description: This podcast, part of National Pharmacy Week celebrations at Narayana Pharmacy College, Nellore, explores the pivotal role of pharmacists in healthcare. From patient care and medication management to public health initiatives, it highlights their contributions, emphasizing this year's theme, "Think Health, Think Pharmacy." Join us in celebrating these unsung healthcare heroes!</p>	<p><a href="https://open.spotify.com/episode/4apmSbfDled5FziAu9ciC7?si=LtfVppYpRIqrF8SIMz8Kag">https://open.spotify.com/episode/4apmSbfDled5FziAu9ciC7?si=LtfVppYpRIqrF8SIMz8Kag</a></p>
<p>NPW 2024: Empowering lives through pharmacy</p>	<p>Topic name: Empowering Lives Through Pharmacy  Author: Susmitha, 4th B. Pharmacy, Narayana Pharmacy College  Content Description:  This podcast explores the evolving role of pharmacy in modern healthcare. It emphasizes the profession's dedication to innovation, patient care, and ethical responsibility. Susmitha discusses the transformative impact of advancements like</p>	<p><a href="https://open.spotify.com/episode/3SNFI6q9iLEB0cWBJLe22t?si=Z1tEL5HeQ2-oD3hxPst6vQ">https://open.spotify.com/episode/3SNFI6q9iLEB0cWBJLe22t?si=Z1tEL5HeQ2-oD3hxPst6vQ</a></p>

	<p>personalized medicine, AI, and nanotechnology in pharmaceutical sciences. The speech highlights the pharmacist's crucial role in bridging research and patient needs, advocating for a commitment to integrity and public health. Concluding with an inspirational message, the content celebrates the profession's contributions and its potential to shape a healthier future.</p>	
<p>NPW 2024: Pharmacist: Role in health care systems</p>	<p>Title: pharmacist: role in health care services  Author: Pavani and Arthi of 5th Pharmd  Description: Pharmacists are pivotal in healthcare, bridging medical science and patient care. This podcast explores their vital roles in medication counseling, preventive care, therapy management, public health advocacy, and crisis response. Join Pavani and Arthi, 5th-year Pharm.D. students, as part of National Pharmacy Week 2024, to celebrate pharmacists' contributions under the theme "Think Health, Think Pharmacy."</p>	<p><a href="https://open.spotify.com/episode/7A5xcdeDcRxIBSF3Sqy1aO?si=mV9gq2E0Tw2Ktw4TXKRWvQ">https://open.spotify.com/episode/7A5xcdeDcRxIBSF3Sqy1aO?si=mV9gq2E0Tw2Ktw4TXKRWvQ</a></p>
<p>NPW 2024: role of pharmacist in community awareness</p>	<p>Title: role of pharmacist in community awareness  Author: Yuvasree of 4th Pharmd  Description: This podcast by Yuvasree from 4th Pharm.D is part of the National Pharmacy Week celebrations 2024 at Narayana Pharmacy College. It highlights the</p>	<p><a href="https://open.spotify.com/episode/6jksdcj9JId2aBtZbF4lg7?si=ovFIz0FYSk6I-WXu4gbwWw">https://open.spotify.com/episode/6jksdcj9JId2aBtZbF4lg7?si=ovFIz0FYSk6I-WXu4gbwWw</a></p>

	<p>crucial role of pharmacists in community health awareness, focusing on their impact as educators, preventive care advocates, and reliable sources of accurate health information for healthier communities.</p>	
<p>National Pharmacy week celebrations: self medication awareness</p>	<p>Title: self medication awareness: national pharmacy week celebrations  Author: Nandini of 3rd bpharmacy  Description: In this Advaya Chittah podcast episode, Nandini, 3rd B.Pharmacy, discusses self-medication awareness as part of National Pharmacy Week 2024, highlighting its risks, causes, and the role of pharmacy students in promoting safe medication practices.</p>	<p><a href="https://open.spotify.com/episode/2vhcJHmkRXttQCGQrMXFWi?si=wb4TXR-cT6KDj6l2zrEaeQ">https://open.spotify.com/episode/2vhcJHmkRXttQCGQrMXFWi?si=wb4TXR-cT6KDj6l2zrEaeQ</a></p>
<p>NATIONAL PHARMACY WEEK - think health think pharmacy</p>	<p>Author: Prem Sai of third B. Pharmacy  Description: Pharmacists play a vital role in healthcare by ensuring safe medication use and patient care. On National Pharmacy Week, Advaya Chittah podcast highlights their contributions, innovations, and impact on public health. Join us to celebrate their dedication and explore their essential role in building healthier communities.</p>	<p><a href="https://open.spotify.com/episode/7fmZQzrNHttfqX11o1XgUV?si=AN69DHReQjmiuA9zbQr_LA">https://open.spotify.com/episode/7fmZQzrNHttfqX11o1XgUV?si=AN69DHReQjmiuA9zbQr_LA</a></p>
<p>NPW 2024: Role of pharmaceutical innovations in global healthcare</p>	<p>Topic: Pharma innovations encircling the world  Author: Rohith of 3rd B. Pharmacy  Description: This podcast explores the transformative role of pharmaceutical</p>	<p><a href="https://open.spotify.com/episode/5UPPP9pTE3s1un8u0QNZtT?si=5wXG8KRVS4OhKh9Bsdq1lw">https://open.spotify.com/episode/5UPPP9pTE3s1un8u0QNZtT?si=5wXG8KRVS4OhKh9Bsdq1lw</a></p>

	<p>innovations in global healthcare, focusing on breakthroughs in personalized medicine, novel drug delivery systems, AI in drug discovery, global vaccine development, and sustainable practices. As part of National Pharmacy Week 2024, it highlights the theme “Think Health, Think Pharmacy.”</p>	
<p>National pharmacy week- evolution of pharmacy profession</p>	<p>Title: NATIONAL PHARMACY WEEK 2024- evolution of pharmacy profession  Author: Rohith of third bpharmacy  Description: The Advaya Chittah podcast explores the pharmacist's role in transforming healthcare, from compounding medicines to advancing patient-centric care. Discover the evolution of pharmacy from traditional apothecaries to modern clinical experts, showcasing their impact on public health, medication safety, and innovation in global healthcare systems.</p>	<p><a href="https://open.spotify.com/episode/7DodYakRMaTtx4cji4qq9P?si=zH436EwOSzi8u0rBX9h6_w">https://open.spotify.com/episode/7DodYakRMaTtx4cji4qq9P?si=zH436EwOSzi8u0rBX9h6_w</a></p>
<p>Ekta Diwas</p>	<p>Title: Ekta diwas  Author: Nandini of 3rd B. Pharmacy  Podcast Channel: Advaya Chittah  Content Description:  Tune into Advaya Chittah as Nandini from 3rd B. Pharmacy explores the essence of Ektadiwas, a celebration of unity and harmony. Discover the historical and spiritual significance of this unique observance</p>	<p><a href="https://open.spotify.com/episode/6wYcegk3mUE2g7BaS2qmay?si=-XB1AX_RRSO7ckDLuzDMvA">https://open.spotify.com/episode/6wYcegk3mUE2g7BaS2qmay?si=-XB1AX_RRSO7ckDLuzDMvA</a></p>

	and how it fosters togetherness in today's world, reminding us of the power of collective strength and shared values.	
Pharmacist's role in Diabetes management	<p>Title: What is Diabetes? The Pharmacist's Role in Diabetes Management</p> <p>Author: Poojitha, 3rd-Year B.Pharmacy Student</p> <p>Description of Content:</p> <p>This episode of Advaya Chittah Podcast explores the basics of diabetes, its rising prevalence, and its impact on health. Poojitha highlights the critical role pharmacists play in diabetes care, including patient education, medication management, and lifestyle guidance. The discussion emphasizes how pharmacists empower patients to manage their condition effectively and live healthier lives.</p>	<p><a href="https://open.spotify.com/episode/1989dmzzUxjW0jvRkvYvw0?si=HhzyNwRhTHue4X54BFes5g">https://open.spotify.com/episode/1989dmzzUxjW0jvRkvYvw0?si=HhzyNwRhTHue4X54BFes5g</a></p>
Gratitude	<p>Author: Susmitha of 4th bpharmacy</p> <p>Topic: Gratitude</p> <p>Description: In this Advaya Chittah podcast episode, host Susmitha explores the science of gratitude, explaining its benefits on mental and physical well-being. With Thanksgiving approaching, she delves into practical ways to incorporate gratitude daily, from journaling to mindful appreciation, highlighting how this powerful practice enhances happiness, resilience, and life satisfaction.</p>	<p><a href="https://open.spotify.com/episode/3BS1BAkbZ4KWQHmfAQ8kVP?si=rLz_j_QxR1K3tVzqIgnEuw">https://open.spotify.com/episode/3BS1BAkbZ4KWQHmfAQ8kVP?si=rLz_j_QxR1K3tVzqIgnEuw</a></p>

<p>World Polio Day</p>	<p>Title: World Polio Day  Author: Bharathi of 3rd B. Pharmacy  Podcast Channel: Advaya Chittah  Content Description:  Join Bharathi from 3rd B. Pharmacy on Advaya Chittah as she delves into World Polio Day, highlighting its global significance in the fight against polio. Uncover the progress, challenges, and ongoing efforts to eradicate this disease, underscoring the importance of awareness, prevention, and the collective commitment to a polio-free world.</p>	<p><a href="https://open.spotify.com/episode/1HSfd6X6UWpkiL5CN1jWB D?si=mrzSHQFDTuW1c4N36rK-gQ">https://open.spotify.com/episode/1HSfd6X6UWpkiL5CN1jWB D?si=mrzSHQFDTuW1c4N36rK-gQ</a></p>
<p>Naraka Chaturdasi in the Modern World</p>	<p>Author: <i>Srivatsava of 2nd B. Pharmacy</i>  Podcast Channel: <i>Advaya Chittah</i>  Content Description: Join us on Advaya Chittah as we explore the significance of Naraka Chaturdasi in the modern world. Discover how this ancient festival, which symbolizes the victory of good over evil, offers timeless lessons for overcoming personal challenges, negativity, and stress. Learn how to apply its wisdom to today's fast-paced life, fostering self-reflection and positive transformation.</p>	<p><a href="https://open.spotify.com/episode/2mKAE9Df7XQWk5mR51N6Qj?si=Ba_MzRrNQ2amnmOmHTrtgw">https://open.spotify.com/episode/2mKAE9Df7XQWk5mR51N6Qj?si=Ba_MzRrNQ2amnmOmHTrtgw</a></p>
<p>Second moon of the earth</p>	<p>Second moon of the earth  Author: R. Prem Sai Of 3rd Bpharmacy  Pod cast channel: advayachittah</p>	<p><a href="https://open.spotify.com/episode/0VNvENvR8XP9i6uGalTxR4?si=tzwYqAQkRZKEZGob5_LygQ">https://open.spotify.com/episode/0VNvENvR8XP9i6uGalTxR4?si=tzwYqAQkRZKEZGob5_LygQ</a></p>

	<p>Content description: Discover the fascinating story of Earth's 'second moon' on Advaya Chittah! Explore the mysterious space object, known as 2020 CD3, a temporary mini-moon that orbits Earth alongside our familiar satellite. Unveil its cosmic journey, origin, and what makes it an exciting, fleeting companion in our skies.</p>	
<p>Empowerment in Pink: Breast Cancer Awareness Month</p>	<p>Title: "Empowerment in Pink: Breast Cancer Awareness Month"  Author: Mary Stella ,5th Pharm D, Narayana Pharmacy College  Script Writer: Prathyusha .V  Description: Join us for a special episode of Advaya chittah of Narayana Pharmacy College as we dive into breast cancer awareness month. In this informative and heartfelt discussion, we explore the realities of breast cancer, the importance of early detection, and how community support can make a difference. We'll cover risk factors, the significance of regular screenings, and practical steps you can take to promote awareness and support those affected by this disease. Together, let's honor survivors, remember those we've lost, and empower ourselves and others with knowledge and compassion. Tune in and help us spread the word!</p>	<p><a href="https://open.spotify.com/episode/5a9r0lcIDB1koOo5eiPMpo?si=zF-eURU8SxWsGquNEiyzBA">https://open.spotify.com/episode/5a9r0lcIDB1koOo5eiPMpo?si=zF-eURU8SxWsGquNEiyzBA</a></p>
<p>Significance of each day of Navarathri</p>	<p>Focus: Significance of each day of Navarathri.</p>	<p><a href="https://open.spotify.com/episode/6C7mieo9neuMhu9JQ0KghI?">https://open.spotify.com/episode/6C7mieo9neuMhu9JQ0KghI?</a></p>

	<p>Cultural Significance.Celebration of the divine feminine. Triumph of good over evil. Spiritual and traditional aspects of each day. Hosts: Manogna ,Sravika,Pavani, aarthi 5th-year Pharm.D students.</p>	<p><a href="https://open.spotify.com/episode/3aVHByxlfHT4siYO7Js9mC?si=G1ak9peBQbCxUUFqeEcpyQ">si=G1ak9peBQbCxUUFqeEcpyQ</a></p>
Aigiri Nandini	<p>R. Ramya presents the devotional song "Aigiri Nandini," a powerful hymn dedicated to Goddess Durga. This rendition celebrates the divine energy and strength of the goddess, invoking her blessings and protection. The soulful performance aims to inspire devotion and spiritual reflection.</p>	<p><a href="https://open.spotify.com/episode/3aVHByxlfHT4siYO7Js9mC?si=TEfF0su-ShiQpXEw8SWb_w">https://open.spotify.com/episode/3aVHByxlfHT4siYO7Js9mC?si=TEfF0su-ShiQpXEw8SWb_w</a></p>
Cataclysmic consequences:understanding the devastating impact of environmental disasters	<p>Join us on a heart wrenching expose highlighting the human toll of environmental disasters,featuring personal stories and its insights AUTHOR:MUNISHA of 5th PharmD of Narayana Pharmacy College</p>	<p><a href="https://open.spotify.com/episode/0JzRkA0PSauYxLstGGE891?si=RTXaylyQSkm4Dliso8Rdw">https://open.spotify.com/episode/0JzRkA0PSauYxLstGGE891?si=RTXaylyQSkm4Dliso8Rdw</a></p>
Monkeypox outbreak:what you need to know	<p>Join us on concise overview of curren monkey pox outbreak,including affected regions case numbersand public health responses. AUTHOR:PAVANI OF 5TH PHARM D OF NARAYANA PHARMACY COLLEGE</p>	<p><a href="https://open.spotify.com/episode/6EzPEdyhWD5wns63ScwiCl?si=pUTvkNiQSdq2zvtzt73qCw">https://open.spotify.com/episode/6EzPEdyhWD5wns63ScwiCl?si=pUTvkNiQSdq2zvtzt73qCw</a></p>
Saraladevi chaudarani:champion of womens rights	<p>Sarala devi chaudarani ,a fearless voice for womens rights was a traibilizing</p>	<p><a href="https://open.spotify.com/episode/5vbzrtlfJp3Ko3FAf6MISs?si=">https://open.spotify.com/episode/5vbzrtlfJp3Ko3FAf6MISs?si=</a></p>

	<p>social reformer,educationalist and who championed the cause of womens empowerment in early 20th century india with unwavering dedication and courage and challenged societal norms and fought for womens rights to education ,property and equality.</p> <p>Author:Vyshnavi and Yashika</p>	<p><a href="https://open.spotify.com/episode/1lr5Q8tiThK1m-XfB0V7Q">1lr5Q8tiThK1m- XfB0V7Q</a></p>
<p>Celebrating the Remover of Obstacles - The Significance of Vinayaka Chavithi</p>	<p>The <i>Advaya Chittah</i> podcast presents "Celebrating the Remover of Obstacles: The Significance of Vinayaka Chavithi." This episode delves into the spiritual and cultural importance of Lord Ganesha, highlighting how the festival symbolizes wisdom, new beginnings, and the power to overcome obstacles in life.</p> <p>Author: Vyshnavi &amp; Yashika of 4th B.pharmacy</p>	<p><a href="https://open.spotify.com/episode/25whb2EGpOMprZKmHVLnyl?si=kG8YuAc-SyOE5beY77rtXg">https://open.spotify.com/episode/25whb2EGpOMprZKmHVLnyl?si=kG8YuAc-SyOE5beY77rtXg</a></p>
<p>Go green with ganesha : embracing an eco friendlyGanesha</p>	<p>The <i>Advaya Chittah</i> podcast presents "Go Green with Ganesha: Embracing an Eco-Friendly Ganesha," encouraging listeners to celebrate Ganesh Chaturthi sustainably. This episode explores the importance of using eco-friendly materials for Ganesha idols and how adopting green practices can help protect the environment while honoring traditions responsibly.</p> <p>Author: Deepika and sushmitha of 4th B.pharmacy</p>	<p><a href="https://open.spotify.com/episode/7wJF5co06YoB8poDDSFJTD?si=fqNCU3YtSSaqeIzKVgGH7Q">https://open.spotify.com/episode/7wJF5co06YoB8poDDSFJTD?si=fqNCU3YtSSaqeIzKVgGH7Q</a></p>

<p>SARS (Severe Acute Respiratory Syndrome)</p>	<p>SARS (Severe Acute Respiratory Syndrome) is a viral respiratory illness caused by a coronavirus, first identified in 2003. It spreads through respiratory droplets and can cause symptoms like fever, cough, and difficulty breathing. Awareness of SARS emphasizes hygiene, early detection, and quarantine measures to prevent outbreaks and protect public health.  Author: JAHNAVI of 3rd year bpharmacy,Narayana Pharmacy College</p>	<p><a href="https://open.spotify.com/episode/718n5oEhKNruVvBVmpMmfM?si=SeCgPQb2TP6b9ksnrJxU-w">https://open.spotify.com/episode/718n5oEhKNruVvBVmpMmfM?si=SeCgPQb2TP6b9ksnrJxU-w</a></p>
<p>The blistering truth:uncovering tomato fever</p>	<p>Join us as we delve in to the mysterious world of tomato fever,a rare and intriguing condition that leaving doctors and patients alike scratching their heads. tomato fever,itscause,symptoms and treatment options.  Author:Sushma of 3rd b pharm of Narayana pharmacy college</p>	<p><a href="https://open.spotify.com/episode/0LuYPAVkGGp2dzLHE6y5kF?si=UT2j_xZYTgqjZisqVxy1VA">https://open.spotify.com/episode/0LuYPAVkGGp2dzLHE6y5kF?si=UT2j_xZYTgqjZisqVxy1VA</a></p>
<p>Bangal bytes:exploring the complexities of bangladesh</p>	<p>Join us as we delve in to inticrate issues facing Bangladesh from politics and economy to culture and society exploring the triumphs and struggles of resilient nation.  Author:sukeerthi of 3rd b pharm of Narayana pharmacy college</p>	<p><a href="https://open.spotify.com/episode/0vdGeHcVtgp7020x7aMfQ2?si=opLXzq8eSeK1O3qSo28fFw">https://open.spotify.com/episode/0vdGeHcVtgp7020x7aMfQ2?si=opLXzq8eSeK1O3qSo28fFw</a></p>
<p>The rise and fall of article 370 the constituitional provision that shaped jammu kashmirs history</p>	<p>Article 370 a constitutional provision with acomplex history that revoked on aug 2019 by Indian govt and led reorganization of state in to twounion territories by SRHARIBALAJI of 1st b</p>	<p><a href="https://open.spotify.com/episode/7fgqVABmTLi0C6txPYD4Pd?si=rwHy8h2gR7SS_xfe4Azk6w">https://open.spotify.com/episode/7fgqVABmTLi0C6txPYD4Pd?si=rwHy8h2gR7SS_xfe4Azk6w</a></p>

	pharmacy,Narayana pharmacy college, Nellore	
<p>COVID-NAVIGATING THE PANDEMIC:INSIGHTS AND UPDATES</p>	<p>Covid-19 a global health pandemic a viral respiratory illness caused by a new strain of corona virus known as SARS-CO-2.its insights and updates and pandemic situation by Dimple Varshini of 1st b pharmacy,Narayana pharmacy college,Nellore</p>	<p><a href="https://open.spotify.com/episode/1VaejAdg5BgRJsRMP6BNqD?si=B4dVoEa1RD6J6NALbmFs_w">https://open.spotify.com/episode/1VaejAdg5BgRJsRMP6BNqD?si=B4dVoEa1RD6J6NALbmFs_w</a></p>