



## **NARAYANA PHARMACY COLLEGE**

(Approved by PCI & AICTE, New Delhi) (Affiliated to JNTUA Ananthapuramu)  
Recognized u/s 2(f) & 12(B) of the UGC Act, 1956, New Delhi,  
Chinthareddypalem, Nellore-524003, A.P .India.  
Phone & Fax No :0861-2317966; Cell No :+91-9100051603  
Email: principal.npc@narayanagroup.com Visit us:www.narayanapharmacycollege.com

**NPC/MDP/2020-21/01**

**Date: 04-01-2021**

### **CIRCULAR**

This is to inform all the non teaching staff and technicians that a programme "Training on Computer Basics" will be organized by Narayana pharmacy college. All are requested to participate and utilize the opportunity to learn and gain the knowledge of programme on 07-01-21.

Venue :seminar hall, Narayana Pharmacy College

**PRINCIPAL**

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**NARAYANA PHARMACY COLLEGE  
NELLORE - 524 002.**

Copy to:

Director- NECN, NPC

Vice- Principal

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## **REPORT ON COMPUTER BASICS**

**Title:** training programme on computer basics

**Date(s):** 07-01-2021

**Preamble:**

Training programme computer basics has been conducted on 07-01-2021 at Narayana Pharmacy college.

**Participant's Profile:**

A total 19 non teaching staff participated.

**Description about the Program:**

The opening ceremony was chaired by the Mr.A.Avinash delivered speeches during the ceremony.

After the opening ceremony, Mr. A.Avinash ,assistant professor ,Narayana pharmacy college about the training schedule and the detail plan of the training.

Dr .P. Penchalaih ,professor and HOD of computer science ,Narayana Engineering College, has participated and spoke on the topic: computer basics In his speech, A clear information about hardware, software data ,security, networking and basic operations has been attained by the participants .

The entire session was an interactive session and the speakers answered many queries raised by the participants.

Mrs.Sk.Salma proposed vote of thanks.

The entire programme was co-ordinated with the support of the Principal, faculty of narayana pharmacy college

  
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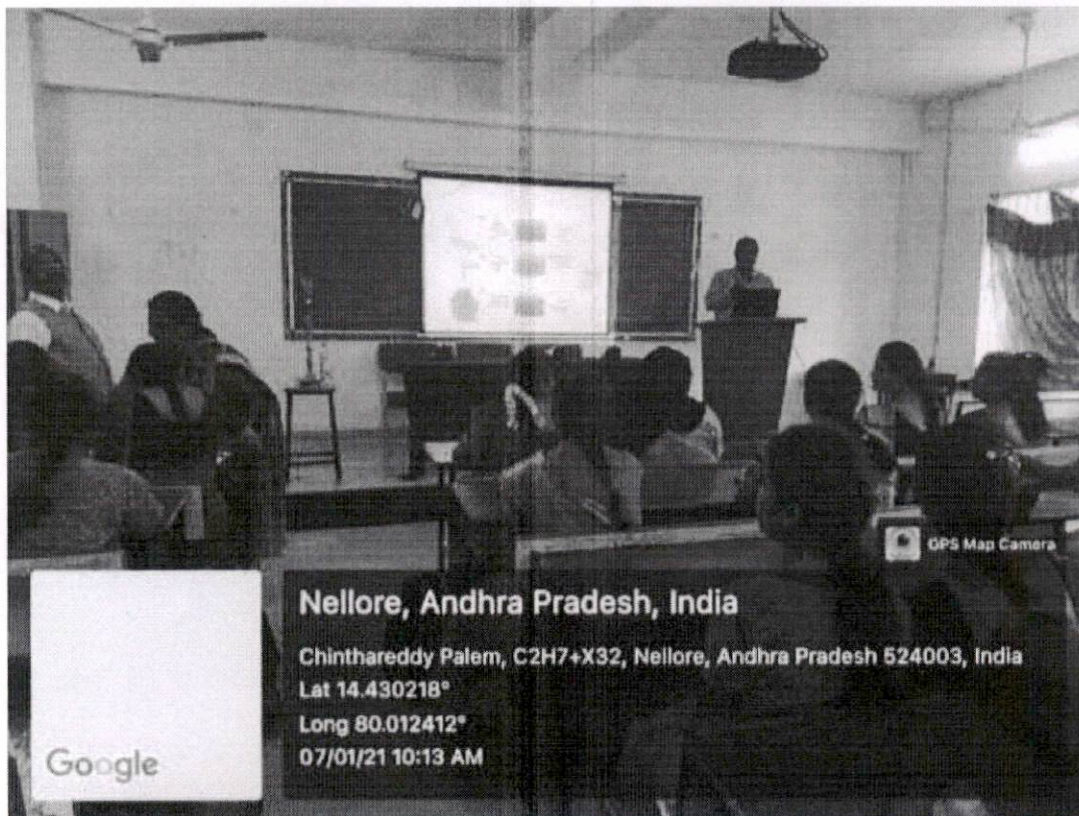
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### **Feedback:**

All the participants expressed their gratitude to resource persons, This platform thus made a great place to enlighten the participants in the programme.

### **PHOTOS**



  
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## **ATTENDENCE SHEET OF PARTICIPANTS**

S NO	PARTICIPANT NAME	Designation	SIGNATURE
1	V.KIRAN KUMAR	Administrative officer	V. Kirankumar
2	I.SUJANA	lab technician	I. Sujana
3	I.SUPRIYA	lab technician	I. Supriya
4	P.V.RAMANAIAH	supervisor	P.V.R.
5	CH.MUNIKRISHNAIAH	librarian	Munikrishnaiah
6	Y.BHARATH	computer operator	Y. Bharath
7	P.SIVA KUMAR	supporting staff	Siva Kumar
8	P.PUSHPA	supporting staff	Pushpa
9	D.NAGARAJU	lab technician	Nagaraju
10	P.LATHA	lab technician	P. Latha
11	E.SINDHURA	lab technician	E. Sindhura
12	A.ASHOK BABU	supporting staff	A. Ashok
13	N.HARIKRISHNA	lab technician	Harikrishna
14	G.SURESH KUMAR	supporting staff	GSK
15	M.AMAR	supporting staff	M. Amar
16	M.KARUNA KUMARI	lab technician	Karuna
17	S.VAMSIDHAR	supporting staff	Vamsidhar
18	I.MANGAMMA	supporting staff	S. Mangamma

  
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19	N.SUBRAMANYAM	supporting staff	<i>N. Subramanyam</i>
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## **NARAYANA PHARMACY COLLEGE**

Approved by PCI, AICTE & UGC 2(f) 12b, Affiliated to JNTUA (Ananthapuram)

Chinthareddy Palem, Nellore.


TRAINING PROGRAMME ON COMPUTER BASICS

# Certificate of Participation

This is to certify that Dr./ Mr. /Mrs./ Ms

.....  
of.....has participated  
in "TRAINING PROGRAMME ON COMPUTER BASICS" Organized by  
NARAYANA PHARMACY COLLEGE on 07-01-2021.

\_\_\_\_\_  
CONVENER

  
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NPC/MDP/2020-21/02

Date: 15-04-2021

## **CIRCULAR**

This is to inform all the non teaching staff and technicians that a programme "Training on yoga and mental health " will be organized by Narayana pharmacy college. All are requested to participate and utilize the opportunity to learn and gain the knowledge of programme on 20-04-21.

Venue : seminar hall, Narayana Pharmacy College

  
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## **REPORT ON CALIBRATION OF GLASSWARE**

1.	Name Of The Activity	Yoga and Mental health	
2.	Date Of The Activity	20-04-21	
3.	Organized By	Narayana Pharmacy College	
4.	Place Of Activity	Narayana Pharmacy College -Seminar Hall	
5.	Resource person	<b>Z.SELVI BABU</b>	
6.	Type Of Activity	Training programme	
7.	Participation	Non teaching staff 23	Total participants 23
8.	Content Discussed	BENEFITS OF YOGA	
9.	Suggested Improvements	All participants should gain the knowledge	
10.	Enclosures	1. Signature forms 2. Circular 3. Photocopies	

  
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### **Overview of programme:**

Training Programme of Yoga and Mental health on was organized by Narayana Pharmacy College , It is very much useful for now a days, the participants were gained significant recognition globally for its positive effects on both physical and mental well-being. This report explores the relationship between yoga and mental health, focusing on its benefits, scientific evidence, and practical applications in promoting mental wellness. Resource person gave useful information about benefits of yoga on mental health. Resource person made the session very interesting and the participants enjoyed the session with joyful experience

**DATE**

**SIGNATURE OF PRINCIPAL**

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2	I.SUPRIYA	supporting staff	I. Supriya.
3	P.V.RAMANAIAH	supervisor	P.V.R.
4	CH.MUNIKRISHNAIAH	librarian	Munithrishna
5	Y.BHARATH	computer operator	Bharath.
6	P.SIVA KUMAR	supporting staff	P.Siva
7	P.PUSHPA	supporting staff	P.Pushpa
8	D.NAGARAJU	lab technician	Nagaraju
9	P.LATHA	lab technician	Latha
10	E.SINDHURA	lab technician	E.Sindhura
11	A.ASHOK BABU	supporting staff	Ashok
12	N.HARIKRISHNA	lab technician	N.Harishkrishna
13	G.SURESH KUMAR	supporting staff	GSK
14	R.SIVA SANDEEP	supporting staff	R. Siva.
15	M.KARUNA KUMARI	lab technician	Karuna
16	S.VAMSIDHAR	supporting staff	S. Vamsidhar
17	I.JYOTSNA	lab technician	I. Jyotsna
18	K.KRISHNAIAH	supporting staff	Krishnaiah
19	I.MANGAMMA	supporting staff	Mangamma.
20	N.SUBRAMANYAM	supporting staff	Subramanyam.
21	P.SUPRIYA	supporting staff	Supriya
22	K.SUKUMARI	supporting staff	K. Sukumari
23	v.Mamatha	lab technician	V. Mamatha

  
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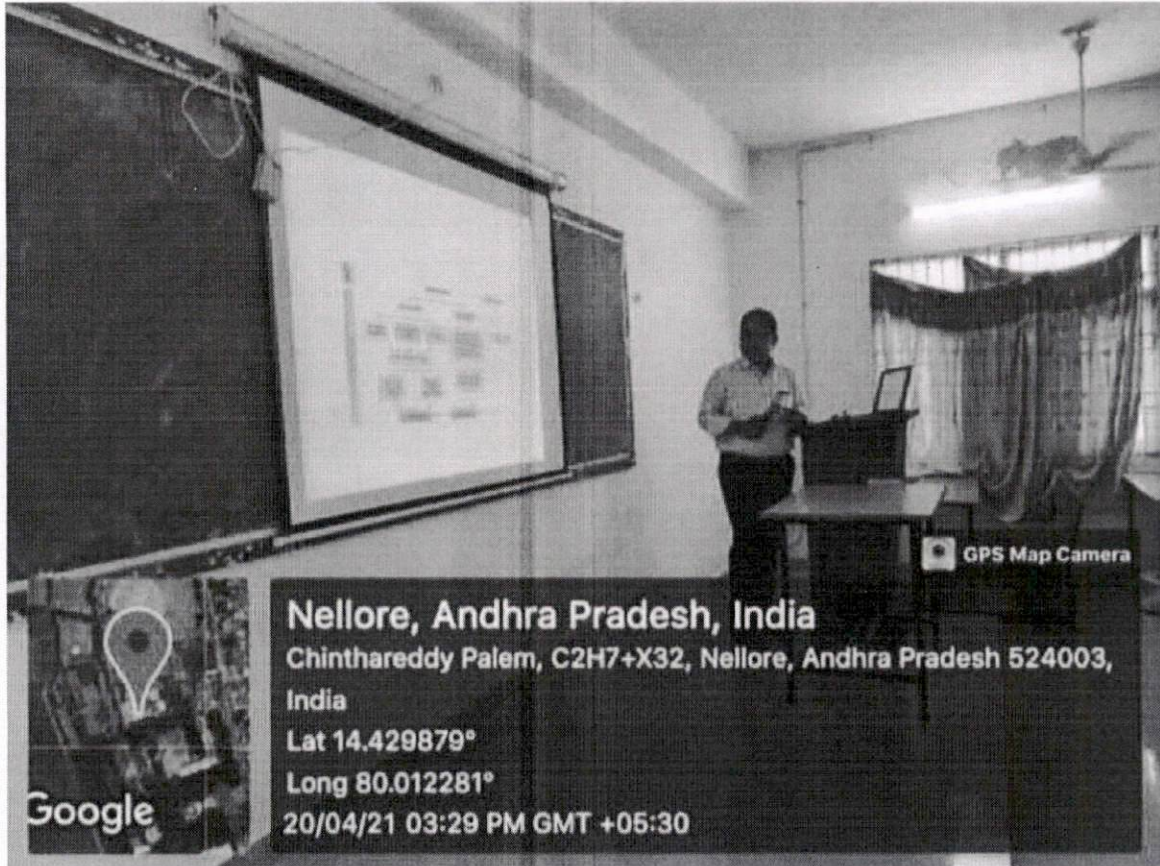




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TRAINING PROGRAMME YOGA AND MENTAL HEALTH

# Certificate of Participation

This is to certify that Dr./ Mr. /Mrs./ Ms

.....  
of.....has participated  
in "TRAINING PROGRAMME YOGA AND MENTAL HEALTH " Organized by  
NARAYANA PHARMACY COLLEGE on 20-04-2021.

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